



MARK PADFIELD

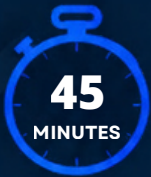
SPORTS MASSAGE THERAPY

TREATMENTS & PRICES



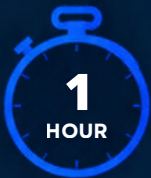
Focused treatment for targeted relief and muscle maintenance.

£38



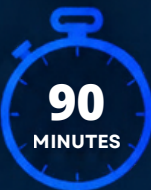
Ideal for addressing specific areas and improving mobility.

£50



Comprehensive full body treatment to relieve tension and restore balance.

£62



In-depth full body treatment to work through the entire kinetic chain, address more stubborn tension and trigger a deeper relaxation response.

£88



Contact Mark to book your **Sports Massage** at WLTCC

Mark Padfield - VTCT Sports Massage Therapy Level 3

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